## Sunnahs of Wuḍū'

## 1) Intention:

- a. think of your spiritual impurity, which is caused by sin; and of your need to cleanse yourself through repentance before entering the presence of God.
- b. know that you are performing  $wud\bar{u}$  only for God's sake, to seek his pleasure.
- 2) As you open the faucet, say the following:

In the name of God. Praise is for God who made water pure and did not make it impure.

بِسْمِ اللَّهِ وَ الْحَمْدُ لِلَّهِ الَّذِي جَعَلَ الْمَآءَ طَهُوراً وَ لَمْ يَجْعَلْهُ نَجِساً.

3) Wash hands once or twice till wrist while saying the following:

In the name of God and through God. O God! Make me among the penitent, and make me among those who purify themselves.

بِسْمِ اللَّهِ وَ بِاللَّه ، اللَّهُمَّ اجْعَلْنِي مِنَ النَّهُمَّ اجْعَلْنِي مِنَ النَّوَّابِينَ وَ اجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ.

4) Rinse mouth thrice while saying the following:

O God! Teach me how to free myself from blame on the day when I meet you, and loosen my tongue with your remembrance.

اللَّهُمَّ لَقِّنِّي حُجَّتِي يَوْمَ أَلْقَاكَ وَ أَطْلِقْ لِسَانِي بِذِكْراكَ.

- 5) Flush nose thrice with water
- 6) Blow nose thrice while saying the following:

O God! Do not deprive me of the fragrance of paradise. Make me among those who smell its fragrance, its breeze, and its perfume.

اللَّهُمَّ لَا تُحَرِّمْ عَلَيَّ رِيحَ الْجَنَّةِ وَاجْعَلْنِي مِمَّن يَشُمُّ رِيحَهَا وَ رَوْحَهَا وَ طِيبَهَا.

7) While washing face say the following:

O God! Brighten my face on the day when faces shall darken, and do not darken my face on the day when faces shall brighten.

للَّهُمَّ بَيِّضْ وَجْهِي يَوْمَ تَسْوَدُّ الْوُجُوهُ ، وَ لَا تُسَوِّدُ الْوُجُوهُ . وَ لَا تُسَوِّدُ وَجْهِي يَوْمَ تَبْيَضُّ الْوُجُوهُ.

- 8) When washing arms remember the following:
  - a. men should begin from distal side (i.e., outside) of elbow.
  - b. women should begin from proximal side (i.e., inside) of elbow.
- 9) While washing your right arm say the following:

O God! Give me my book in my right hand, and [permission to live for] eternity in paradise in my left hand, and reckon my deeds with clemency.

اللَّهُمُّ أَعْطِنِي كِتَابِي بِيَمِينِي وَ الْخُلْدَ فِي الْجُلْدَ فِي الْجُلْدَ فِي الْجُنَانِ بِيَسَارِي وَ حَاسِبْنِي حِسَاباً يَسِيراً.

10) While washing your left arm say the following:

O God! Do not give me my book in my left hand, nor behind my back. And do not chain it to my neck. I seek refuge with you from the garments of hellfire.

اللَّهُمَّ لَا تُعْطِنِي كِتَابِي بِشِمَالِي، وَ لَا مِن وَرَاءِ ظَهْرِي، وَ لَا تَجْعَلْهَا مَغْلُولَةً إِلَى عُنُقِي، وَ لَا تَجْعَلْهَا مَغْلُولَةً إِلَى عُنُقِي، وَ أَعُوذُ بِكَ مِن مُقَطَّعَاتِ النِّيرَانِ.

- 11) Wipe down each arm after washing it.
- 12) After washing left arm, touch hands together.
- 13) Wipe head:
  - a. with the right hand
  - b. with three fingers
  - c. with the palm-side of the fingers
  - d. for the length of one finger
  - e. from top toward forehead
  - f. saying the following:

O God! Envelop me in your mercy, your blessings, and your forgiveness. اللَّهُمَّ غَشِّنِي رَحْمَتَكَ وَ بَرَكَاتِكَ وَ عَفْوكَ.

## 14) Wipe feet:

- a. right foot before left
- b. right foot with right hand, left foot with left hand
- c. with entire palm and fingers over the entire top of the foot
- d. saying the following:

O God! Keep me firmly on the path on the day when feet shall slip. And let my efforts be for what pleases you, O majestic and noble one! اللَّهُمَّ ثَبَّنِي عَلَى الصِّرَاطِ يَوْمَ تَزِلُّ الْأَقْدَامُ، وَ اجْعَلْ سَعْيِي فِيمَا يُرْضِيكَ عَنِّي يَا ذَا الْجَلَالِ وَ الإِكْرَامِ.

15) After competing your wuḍū' say the following:

O God! I beg you for a perfect wudu', a perfect prayer, your perfect pleasure, and paradise.

اللَّهُمَّ إِنِّي أَسْأَلُكَ تَمَامَ الْوُضُوءِ وَ تَمَامَ السَّلَاةِ وَ تَمَامَ الصَّلَاةِ وَ تَمَامَ الصَّلَاةِ وَ تَمَامَ رِضْوَانِكَ وَ الْجَنَّة.

16) Finally, recite *sūrat al-qadr* three times.